



DBol
MUSCLE BULK

The Super Mass Builder Cycle



**12 Week Steroid Cycle for
Superior Gains in Size and
Strength!**

The Super Mass Builder Cycle

The Super Mass Builder will pack on a ton of mass and give you insane strength. I've seen guys go from 225lbs to 245lbs after this cycle.

by Jo Santos

This Super Mass Builder stacks Dianabol, Trenbolone and Testosterone over a 12 week cycle period.

Warning: This cycle is not for beginners!

This stack combo is not the easiest on the liver. If you're fond of beer, it would be wise to go dry while on cycle and 4 weeks after.

What You'll Need

- 6 weeks worth of Dianabol (Dbol)
- 6 weeks worth of Trenbolone (Tren)
- 12 Weeks worth of testosterone enanthate (Test e)

Running The Cycle

I'll assume you're already familiar with steroids. With this in mind, kick-start the cycle with 35mg/ day of DBol for the first 6 weeks.

DBol is widely available in 5 mg tabs, but there are labs producing them in 10 to 20mg tabs.

It's really up to you how you want to take it.

I've always found better results by splitting it throughout the day than taking the full tab in one go.

If you get your hands on tabs with a high mg you may want to split them with a pill cutter.

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Running the cycle cont...

The cool thing about DBol are the rapids gains in size and strength. The downside is that you can lose these just as fast once you come off it.

To maintain those gains you switch to a 6 week run of 300mg/week of Tren at the end of the Dbol run.

Of course, with Test E, you run it through the whole 12 week cycle.

Dosage

Weeks 1-6:

- 30-40 mg/day Dbol (split throughout day)
- 500 mg/wk test cyp or test enanthate (shot at 250mg, 2 times/wk)

Weeks 7-12:

- 100mg 3 times/wk tren
- 500mg/wk test (shot 250mg 2 times/wk)

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Post Cycle Therapy

Dbol and Tren can be nasty. With this cycle its essential that you run a solid PCT to counteract the side effects. This is PCT I ran.

Day 1-10: Clomid 100mg/day

Day 11 - 20: Clomid 50mg/day

I would use **0.5mg of Arimidex per day for 4-6** weeks post cycle, and start it the day after your last shot.

If you're more prone to gyno, you may want to consider Aromasin as it's considered to be more effective at blocking estrogen build up.

Again, it's probably better if you can use Arimidex throughout the whole cycle, you'll just look much better.

Taking ancillary agents is highly underrated during cycle, and I've noticed I look much, much better if I have them in the entire cycle.

I understand cost can be an issue with some of this. Is it the end of the world if you don't use it the entire cycle?

It's probably not. I have done tons of cycles without Nolvadex or Arimidex and I was fine.

However, we're all biologically different. Some are more prone to gyno than others and until you really understand how your body reacts to anabolic steroids, it's far better to be safe than sorry and use them.

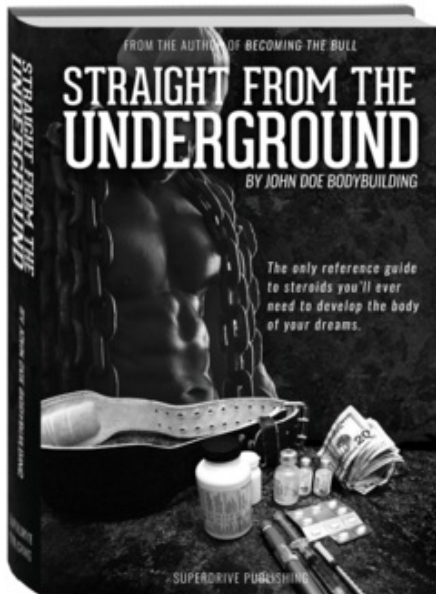
Results

This cycle really supercharged my strength and piled on plenty of hard muscle.

The first time I didn't use any Aromasin Inhibitors while on cycle, but I would never do that again.

I've got no problems with gyno, but I bloat like a pig when on DBol.

By using an AI I would have looked a heck of a lot better. So I would be using ½mg every day of A-Dex if you can.



Straight from the Underground is an honest look at steroid use in bodybuilding.

Whether a seasoned vet or completely new to steroids **you need this book** to give yourself the edge.

Inside you'll find beginner to full blown professional cycles and everything in between. You're sure to find a cycle that works for you.

For full details [click here](#)

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